

MENTEH-NKWEN
BAMENDA III SUBDIVISION
MEZAM DIVISION – N.W. REGION
P. O. BOX 520, BAMENDA
Tel: 699643322 / 671141518/653478795
sajoccol19@gmail.com

ARCHDIOCESE OF BAMENDA
SECRETARIAT OF EDUCATION



PROJECT FOR THE ESTABLISHMENT OF THE FOOD AND NUTRITION/COOKERY LABORATORY IN SAINT JOSEPH CALASANZ CATHOLIC COLLEGE MENTEH

PROBLEM: With the creation of the College in 2020/2021 and the increase in the number of students from 154 to 360 in 2021/2022, in anticipation of more who will be coming next academic year 2022/2023 and with our ardent desire to conform with the demands of the competency based approach currently in practice in Cameroon and to make our teaching/learning process holistic by making it more practical and susceptible of arming our learners with skills that will enable to be job creators instead of job seekers, we are appealing to our friends and you in particular and all education lovers to help us obtain some help to establish the above mentioned laboratory depending on the ability of each one of them. Please help us with whatever you can afford and we promise to put it into use to facilitate the teaching/learning process in Food and Nutrition and Food Science. With this infrastructure we will be able to provide practical education to at least some of our students in the war-devastated North West region precisely in Bamenda. This will also help little girls who sometimes the most vulnerable of our society to professionalise and make their Food and Nutrition skills in general and cookery skills more profitable.

OBJECTIVES: The objectives are multiple. It aims at facilitating and making practical the learning of Food and Nutrition and Food Science more practical for as many students as possible and hence ameliorating access to education to these students who have as victims of the ongoing war lost years of education. It also has as aim to make learning more professional and more susceptible to produce job creators and not job seekers. Finally, it aims at making the Competency based approach a reality in our school.

ADVANTAGES: It will provide us with better learning conditions. It will enhance more access to the right to education. It will make the learning of Food and Nutrition and Food Sciences more practical and more interesting.

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BASIC MATERIALS NEEDED, THEIR QUANTITY AND ESTIMATED COST

S/N	DESCRIPTION	QUANTITY	UNIT PRICE	TOTAL PRICE
1	GAS COOKERS	8	150,000FCFA	1,200,000FCFA
2	GAS CYLINDERS	8	25,000FCFA	200,000FCFA
3	REFRIGERATOR	1	270,000FCFA	270,000FCFA
4	POTS	16	4,000FCFA	64,000FCFA
5	KITCHEN TRAYS	8	2,000FCFA	16,000FCFA
6	SERVING TRAYS	12	2,000FCFA	24,000FCFA
7	METAL SPOONS (COOKING SPOONS)	8	1,000FCFA	8,000FCFA
8	SOUP SPOONS	2 DOZENS	4,000FCFA	8,000FCFA
9	FORK SPOONS	2 DOZENS	4,000FCFA	8,000FCFA
10	KITCHEN KNIVES	8	500FCFA	4,000FCFA
11	TABLE KNIVES	12	500FCFA	6,000FCFA
12	CHOPPING BOARDS, ROLLING PINS AND WOODEN SPOONS	8 each	-	35,000FCFA
13	BLENDER	1	35,000FCFA	35,000FCFA
14	SQUEEZERS	8	4,000FCFA	32,000FCFA
15	BISCUIT CUTTER	5	2,000FCFA	10,000FCFA
16	CHINCHIN CUTTER	1		18,000FCFA
17	FRYING SPOONS	8	1,000FCFA	8,000FCFA
18	SAUCE PANS	8	25,00FCFA	20,000FCFA
19	KITCHEN BOWLS	8	800FCFA	6,400FCFA
20	SIEVES	8	500FCFA	4,000FCFA
21	WATER JARS	8	1,500FCFA	12,000FCFA
22	TABLE GLASSES	1 DOZEN	5,000FCFA	5,000FCFA
23	TEA CUPS/SIDE PLATES	1 DOZEN	1,500FCFA	1,500FCFA
24	PLASTIC CUPS	8	400FCFA	3,200FCFA

Saint Joseph Calasanz Catholic College (SAJOCOCOL)

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S/N	DESCRIPTION	QUANTITY	UNIT PRICE	TOTAL PRICE
25	SPATULA	8	350FCFA	2,800FCFA
25	MORTAR AND PISTLE	1	10,000FCFA	10,000FCFA
26	WORK SURFACE	8	80,000FCFA	640,000FCFA
27	KITCHEN SINKS	4	80,000FCFA	320,000FCFA
28	TIN OPENERS	8	1,200FCFA	9,600FCFA
29	DISHING SPOONS	8	1,500FCFA	12,000FCFA
30	TEA SPOONS	1 DOZEN	1,500FCFA	1,500FCFA
31	KITCHEN BUCKETS	8	1,000FCFA	8,000FCFA
32	CASSEROL DISH	1	10,000FCFA	10,000FCFA
33	CAKE TINS AND BREAD TINS	8 EACH	2,000FCFA	16,000FCFA
34	MUFFIN TINS	8	500FCFA	4,000FCFA
35	KITCHEN CUPBOARD OR SHELVES	6	84,000FCFA	504,000FCFA
36	SALAD SPOONS	4	2,000FCFA	8,000FCFA
37	GRATER	8	2,000FCFA	16,000FCFA
38	MINCER	2	3,000FCFA	6,000FCFA
39	SERVING DISHES	8SETS	5,000FCFA	40,000FCFA
	TOTAL			3,606,000FCFA

PRINCIPAL

A handwritten signature in blue ink, appearing to read 'Njodzela Louis', with a horizontal line underneath.

Rev. Fr Njodzela Louis, Sch.P.